



**Beth Shalom's
Rose Family
Early Childhood Education Center
2017-2018
Parent Policy Book**

Director of Early Childhood Education

Judy Jacks Berman

913/647-7287

jjb@bethshalomkc.org

School Administrative Assistant

Debbie Beznovsky & Phyllis Kalender

rfec@bethshalomkc.org

913/647-7285

School Office Telephone:

913/647-7285

School Office Fax:

913/647-7278

Congregation Beth Shalom

Office Telephone:

913/647-7279

Table of Contents

Page 3	Message from Judy Jacks Berman, Director of Early Childhood Education
Page 4,5	Health & Safety
Page 6,7	Communicable Diseases
Page 8	Arrival & Departure; School Closing Policy
Page 9	Emergency Treatment; Discipline
Page 10	Parking & Security Information
Page 11	Clothing
Page 12, 13	Birthday Parties; Kashrut Symbols
Page 14	Lunch Ideas



Dear Parents,

Beth Shalom Rose Family Early Childhood Education Center offers the best Jewish Early Childhood Education in town; a warm, nurturing, loving environment where children feel safe, secure and loved. They flourish in our environment while developing confidence and excitement for learning! Our children go into kindergarten very prepared and enthusiastic about school!

Our Pre-K offers a fabulous program and we have expanded on all the great activities that we currently offer. Expectations are being raised for incoming Kindergarteners. To meet the needs of the common core, we have raised the bar with new and creative curriculums in Handwriting, Literacy, Math and Science. Our 2017-2018 Pre-K program hours are 9:00 – 1:30 pm, Monday through Thursday and until 12:00 pm on Fridays.

Our 3 year old program challenges children to problem solve, share, explore their school environment and work together with their peers.

Our toddler and mini-school programs help children learn how to separate from their parents and transition to preschool with confidence. They learn how to participate in group activities and explore their many new school activities with independence and curiosity!

We are fortunate to have the finest preschool faculty in town. Our school has very little staff turnover, insuring a consistently outstanding program. In addition, we have very low teacher to child ratios and small class sizes. Our building, with an incredible state of the art playground, offers the finest facility in the area.

B'Shalom,

Judy Jacks Berman

Director of Early Childhood Education



HEALTH AND SAFETY

1. If your child is unable to attend due to illness, please call the school office at 913/647-7285.
2. Please keep children home if they exhibit **any** of the following symptoms: Sore throat, skin rash, red inflamed eyes or eyes with discharge, vomiting, diarrhea, severe cough, or swollen glands, temperature of 99.6 degrees or greater orally within the last 24 hours, yellow or green discharge from the nose.
If your child is under the weather, please keep them home to keep everyone healthy.
3. Should your child come down with a communicable disease, please notify the office immediately. This way we can alert the other parents that they need to watch for symptoms.
4. If your child has been ill, he may return to school if he has been **fever, vomit, and/or diarrhea free** for 24 hours. Always be sure that your child is completely recovered before sending him back to school.
5. We will use ice packs on bruises and cut lips.
6. If your child needs prescription medication during school hours, please fill out a medication form in the school office where it will be kept on file.
Medicine must be in the original container from the pharmacy.
7. Should your child become ill, or sustain an injury at school, you

will be notified immediately. Therefore it is essential that all of your child's emergency information is accurate and up to date in our files.

IMPORTANT COMMUNICATION INFORMATION

If there is any change in your child's regular routine, please keep the teacher informed since what goes on at home often carries over into the classroom.

Please let us know if:

- you are going out of town; **and** who will be caring for your child
- there is a birth or death in your family
- you are taking your child out of town
- any other major changes in your family life

A healthy environment means fewer absences by both staff and children. Having everyone functioning well physically is important!

Your cooperation is greatly appreciated!!

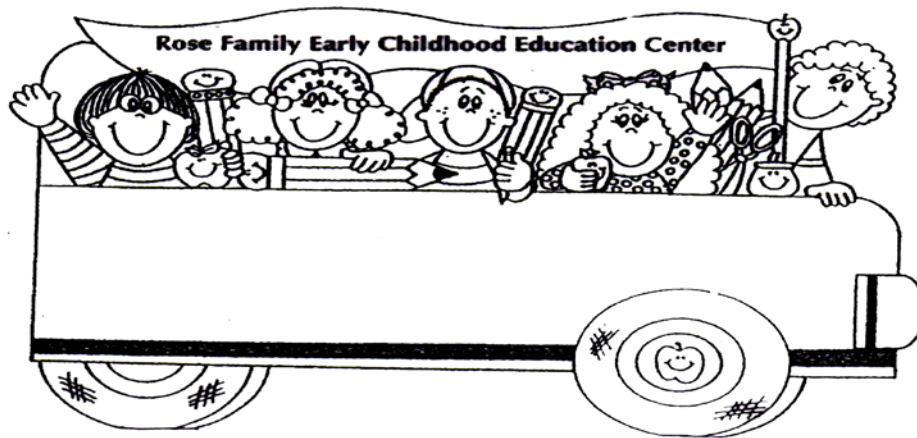


COMMUNICABLE DISEASES

Below you will find a list of common childhood illnesses and their symptoms.

DISEASES	INCUBATION PERIOD	SYMPTOMS
CHICKEN POX	10-21 days	Blister-like eruptions, slight Fever, cold symptoms
CONJUNCTIVITIS (PINK EYE)	2-5 days	Redness of eye and a discharge of pus from eyelids, matting of eyes
FIFTH DISEASE	4-14 days	"Slapped cheek" rash on face, red rash on trunk & legs, low-grade fever, malaise, cold symptoms
H1N1 FLU	1-4 days	Fever (possible), cough, sore throat, body aches, runny/ stuffy nose, headache, chills, fatigue, diarrhea/vomiting (sometimes)
HAND, FOOT, MOUTH DISEASE (HFMD)	3-7 days	Fever and blister-like eruptions in the mouth and/or a skin rash; fever, poor appetite, sore throat

HEAD LICE	1-2 days	Itching of scalp at nape of neck eggs (called nits) are stuck to hair
IMPETIGO SCABIES	4-10 days	Pustules, multiple weeping or crusted sores. Characteristic burrow of the itch mite. Skin may show scratch marks around site
STREP INFECTION	1-3 days days	Fever, headache, sore throat, stomachache, "tonsillitis", may or may not have a rash.



ARRIVAL & DEPARTURE

As a safety measure, we ask you to bring your child to their classroom each day, and pick them up in their classrooms after the teachers open the doors. Furthermore, we ask that you please arrive promptly at departure time. Not only might the teachers have other duties and responsibilities but also children begin to worry when that "familiar face" is not there.

Arrival time is 9:00 for all classes. The toddler, mini-school and 3's dismiss at 12:00. The Pre-K dismisses at 1:30 in the lower circle. We will bring the children out to your car. Stay & Play departs at 12:30, LB at 1:30 and ARF departs at 3:15. As a general policy, **a late charge of \$10.00 will be assessed for every 10 minutes late, beginning at dismissal time.**



SCHOOL CLOSING POLICY

In anticipation of snowy weather during the school year, please remember our snow day policy. If Blue Valley District has a snow day, then we will as well.



EMERGENCY TREATMENT

Each child must have a current Consent for Emergency Treatment form on file in the school office before school begins. If there is a change in any of this information, please inform the office immediately.

DISCIPLINE

Teachers plan exciting, fun programs daily, based on the developmental level of the children, therefore eliminating most discipline problems before they begin. Furthermore, the teachers will use positive reinforcement in

their guidance of appropriate behavior and will re-direct inappropriate behavior. Keeping the child happy and involved in age-appropriate activities reduces discipline problems and we encourage this!

PARKING AND SECURITY INFORMATION

PLEASE BE POLITE WHEN PARKING!! As we prepare for the beginning of the school year, we remind you to observe the various parking signs and markings around our building. It is critical for the security of our building, for the safety of our children, and for the necessary access to our entrance, that these designated areas be properly observed.

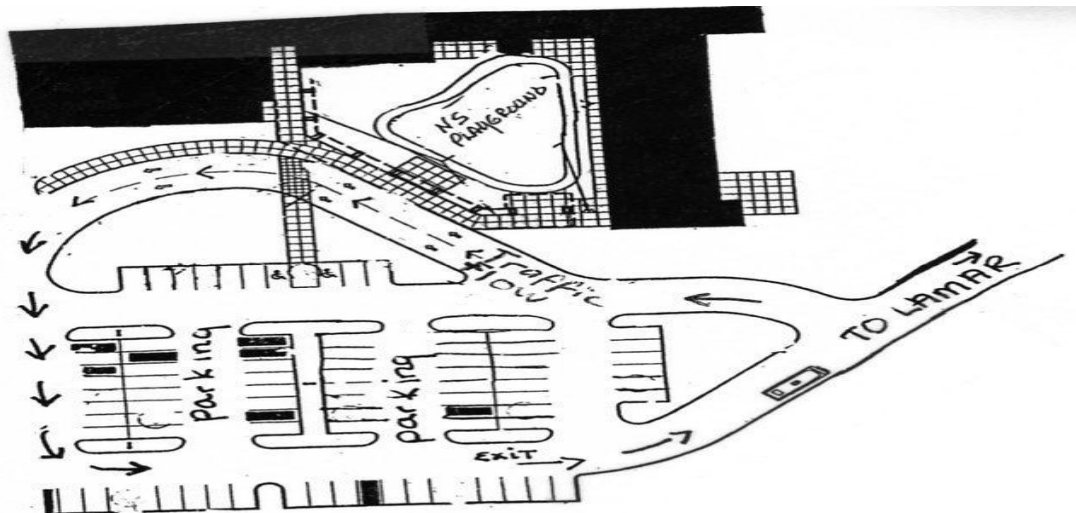
When picking up or dropping off your children at school, please park in the lot. **Do not park in the circle drive (THIS IS A DROP OFF ZONE ONLY), along the islands or in spaces marked handicapped (unless you have the appropriate tags on your car).** This blocks the flow of traffic and creates a hazard for children who are exiting the building. **These areas cannot be blocked even for "a few minutes".** The Pre-K will dismiss at 1:30 in the lower circle. The teachers will bring the children out to their cars.

NEW BABY POLICY:* For the first month and a half of the baby's life, you will be given a special parking pass to park at the end of the circle drive to bring in the older sibling.

HANDICAPPED AREAS** MUST BE LEFT FREE AND AVAILABLE FOR THOSE IN NEED OF THESE PARKING SPACES.

WHEELCHAIR-ACCESSIBLE CURBING MUST BE LEFT FREE AND UNBLOCKED.

PLEASE DO NOT PARK IN THE CROSSWALKS!



CLOTHING

We do lots of messy things at school, so send your child in clothes that you won't mind coming home dirty. (Save the best clothes for special occasions.)

Because we try to develop self-reliance, try to dress your child as simply as possible. Please try to **eliminate belts, suspenders, and any closure that is hard to manipulate**. This is especially important for children who are recently toilet trained.

Please **mark** all outer wear, as many children wear similar sweaters, hats, gloves, jackets, raincoats, etc.

When purchasing boots for rain or snow, please get them plenty large and have them well marked. If your child has shoe boots, **please send regular shoes** with them in a sack. It gets so hot when boots are worn all morning, and they do restrict the child's movement.

Be sure the shoes your child wears to school have soles that do not slip. **Sneakers** are always preferred. Little girls' dress shoes and little boys' cowboy boots are really cute, but they can be dangerous when running over the waxed floors of our classrooms as well as climbing and running outside.

Please do not send your child in sandals or clogs as they are not made for climbing and running. Also, check that shoe laces are not too long.



Remember: When the seasons change, please send in the appropriate clothes for your child's emergency "Spares".

"Dress for the Mess!"

BIRTHDAY PARTIES

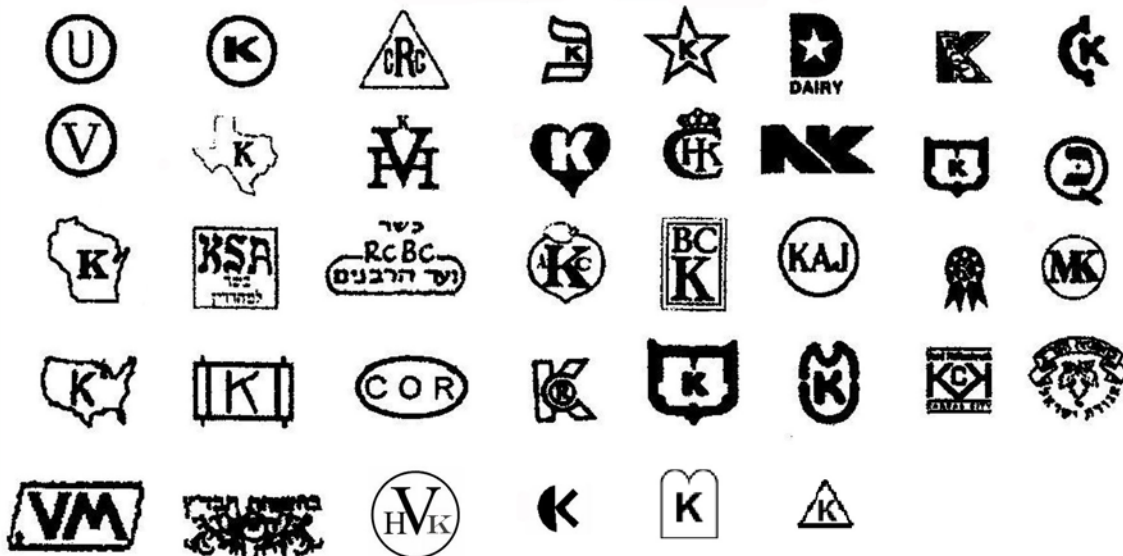
Many of our families observe Shabbat. When planning private parties, please be considerate of these families and have the party on a day **other than Shabbat** (Friday evening & Saturday).

Your child is welcome to celebrate his/her birthday at school. Cakes, cupcakes, cookies, frozen yogurt or ice cream are welcome, but they must be from a certified kosher bakery or have a Kosher symbol on the box. **Please do not buy products that say they may contain nut products or have been manufactured in a plant that may have processed nut products.** Please prearrange parties with your child's teacher.

Certified kosher bakeries are: Hen House Bakery (117th & Roe only) and Bagel Works (bread & bagels only).

Acceptable ice cream products are: T.C.B.Y. (check for kashrut reliability of toppings, cake, and decorations), Baskin Robbins (most flavors, check if there is a question), Edy's, Blue Bunny, and several other national brands. Look for Kosher symbols on the container.

Pre-packaged products are acceptable if they are imprinted with one of the acceptable kosher symbols:



Remember: Beth Shalom Rose Family Early Childhood Education is a nut free school.

If your child is having a private birthday party outside of the school, please do not pass out invitations at school or put them in the children's cubbies. We ask that you mail invitations so that no feelings will be hurt. Also, it is a big treat for a child to get his or her "own mail".



Non Meat Lunch Ideas

1. Egg Salad
2. Grilled Cheese
3. Tortilla Wrap
4. Hard Boiled Egg whole or sliced
5. Cheese and Crackers
6. Cream Cheese and Jelly
7. Morning Star Farms Veggie/Soy Corndogs, hot dogs, chicken nuggets, etc...
8. Cottage Cheese and Fruit
9. English Muffin Tuna Melt, pizza, melted cheese
10. Yogurt
11. Fish Sticks
12. Falafel Balls
13. Salmon Patty
14. Tuna Muffins
15. Quiche
16. Cheese Pizza
17. Mac and Cheese
18. Cheese (Spread) and Cracker
19. Veggie/Soy Burger
20. Crescent Rolls with Cheese Rolled Up
21. Biscuit Egg and Cheese
22. Gefilte Fish
23. Bagel, Cream Cheese and Lox
24. Bagel and Tuna
25. Bagel and Cheese Slices
26. Granola Bars
27. Buttered Noodles with Parmesan Cheese
28. Pasta with Vegetarian Sauce
29. Quesadillas w/ cheese, rice etc...
30. Tuna Fish & Crackers
31. Vegetarian Chili w/ chips
32. Thick vegetable soups (Thermos)
33. Fruit salad
34. Hummus
35. Guacamole & Chips
36. Graham Crackers & Cream Cheese
37. String Cheese
38. Soy Butter & Jelly Sandwich
39. Smoothie (in a Thermos)
40. Tuna Noodle Casserole
41. Soy Spaghetti
42. Noodle Kugel
43. Pasta Salad
44. Deviled Eggs
45. Potato/Veggie Latkes
46. Matzah & Cheese Latkes/Pancakes
47. Veggie or Soy Lasagna

